

HOME ASSESSMENT AND CHECKLIST TOOLS FOR USE BY INDIVIDUALS AND FAMILIES

Name	Author	How to Get It	Summary
A Fact Sheet on Low-Cost Home Modifications: Make your Home Work for You!	University of Southern California, Leonard Davis School of Gerontology, Fall Prevention Center of Excellence	<u>Low-Cost-Fact-Sheet.RAISE .USC .FPCE .2026. pdf</u>	This two-page fact sheet provides examples of low-cost home modifications. Making the home safer and more supportive does not have to be costly. Many changes are inexpensive and easy. Make your home work for you by taking the following four simple and low-cost steps: R emove, A dd, I nstall, or S ignal E mergencies (RAISE).
Check for Safety: A Home Fall Prevention Checklist for Older Adults	Centers for Disease Control and Prevention	Available in English and Spanish. Order free copies or download at: https://www.cdc.gov/steady/patient-resources/	This home safety checklist aims to identify and eliminate fall hazards in the home. Organized by area of the home, it identifies common fall risks and recommendations to address them. The brochure also contains a section on other things you can do to prevent falls.
HomeFit Guide	AARP	https://www.aarp.org/livable-communities/housing/info-2020/homefit-guide-download.html	The AARP HomeFit Guide was created to help people stay in the home they love by turning where they live into a “lifelong home,” suitable for themselves and anyone in their household.
Rebuilding Together Safe at Home Checklist	Rebuilding Together, Administration on Aging (AoA), and American Occupational Therapy Association (AOTA)	http://www.aota.org/~media/Corporate/Files/Practice/Aging/rebuilding-together/RT-Aging-in-Place-Safe-at-Home-Checklist.pdf	This list was developed to identify fall hazards, home safety, and accessibility issues for the homeowner and family members. Home safety, fall prevention, and accessibility modification interventions are included on the reverse side of the list.
Remodeling Today Guide: Design Ideas for the Kitchen and Bathroom	The Hartford Center for Mature Market Excellence	https://assets.thehartford.com/image/upload/remodeling_guide.pdf	This guide provides ideas and solutions to help residents incorporate Universal Design into kitchen and bathroom remodeling for comfort and independence at home. It also includes resources on working with contractors and professionals.

This resource was developed by the National Council on Aging (NCOA) and the University of Southern California (USC) Leonard Davis School of Gerontology. For information on USC’s Fall Prevention Center of Excellence and efforts in home modification, visit: www.homemods.org. To share updates or additions, please contact homemods@usc.edu For information on NCOA’s National Falls Prevention Resource Center, visit: <https://www.ncoa.org/center-for-healthy-aging/falls-resource-center/>

